

FOR IMMEDIATE RELEASE

March 17, 2017

Contact: Kathy Bernard

443-786-4472

Katherine_bernard@msn.com

Award Winning Duo *2BoomerBabes*— on to the Next Chapter

Kathy Bernard and Barbara Kline are —literally—writing their next chapter. After nearly a decade producing and hosting the nationally syndicated *2BoomerBabes Radio Hour*, this dynamic duo is thrilled to announce the release of their first novel, *Perfectly Seasoned*.

Writing under the pen name Sarah-Jane Berklin, a combination of their mother’s first names, *Perfectly Seasoned* is a testament to the power of female friendship, with a healthy sprinkling of spice. Ranging in age from fifty-two to sixty, five best friends proudly call themselves “the babes.” Their days—and nights—are busy and complicated as they balance careers, empty nests, changing relationships, aging parents, and yes...plenty of steamy romance at midlife. As their individual journeys unfold, each face a crossroad full of surprise, revealing women who are perfectly seasoned...warts and all.

“It was a heart wrenching decision to end our beloved show but we wanted to leave our listeners wanting more, not less. And what self-respecting middle-aged woman doesn’t have a bodice ripper waiting to be written?” asks Barb with the subtle humor the “babes” are known for.

Kathy adds, “For years we’ve been conjuring up a story of five great friends with all the trials, tribulations, joy and love at midlife. We decided it was time we put pen to paper—or our fingers to the keyboard— and each of us began writing the story we wanted to tell. It was quite a magical process.”

Praise for *Perfectly Seasoned* is rolling in. In her review, national columnist and best-selling author, Kerry Hannon writes:

Boomerlicious. Perfectly Seasoned plunges into the hearts of five women blazing through the uncharted years of midlife. Anxiety and deception blends with

tenderness, the strength of friendship and a soupcon of sex. The irrepressible BoomerBabe brashly roll out a first novel that artfully captures the all-too-true reality ride through the piercing pain of crumbling marriages, caring for a parent wading through the devastation of Alzheimer's disease, and the harshness of becoming invisible in the workplace with each passing year. The bottom line message resonates: What makes life worth living—like finding love again, or following your passion to launch your own business “is possible, at any age, if we're willing to take a chance.” Biggest hitch: It ends too soon. More please.

Bob Morris, journalist and best-selling author adds:

Boomer women who don't just have lunch regularly, but sex as well? This affirming, witty and pertinent novel celebrates the power of friendship and fortitude later in life. A sex blogger, southern optimist, former beauty queen, middle-aged Catholic school girl, and a powerhouse executive with an impossibly perfect dead husband, pull each other up in ways that are better than any facelift.

Kathy and Barb are literally pinching themselves that their wild and crazy ride continues. From *2BoomerBabes Radio Hour* to their first novel, *Perfectly Seasoned*, the constant is their decades long friendship. The last line of the book's dedication sums it up: “To our everlasting friendship, in hopes we'll be sitting on Adirondack chairs well into old age, with drink in hand, thankful for each other, and laughing about our improbable adventures.”